

Clinical Training Day Introduction to Eating Disorders

Presented by:
Eating Disorder Senior Clinicians
**Victorian Centre of Excellence in
Eating Disorders (CEED)**



Eating Disorders are common mental health problems in adolescents & young women, yet many health professionals have limited experience of, or have key questions about what to do when seeing a people with these complex conditions:

- ◇ *What do I need to understand about the experience of & impact of eating disorders?*
- ◇ *Is it best to watch & wait or intervene early?*
- ◇ *Do males experience eating disorders?*
- ◇ *What risks should I be aware of?*
- ◇ *Which approaches show promise in helping clients?*
- ◇ *Should I involve the family or just the individual?*
- ◇ *Who else should I be working in collaboration with?*

As part of the **2011 ANZAED ANNUAL CONFERENCE & CLINICAL TRAINING DAY** and in collaboration with **NEDC**, **ANZAED** is very pleased to offer this one day training course for health professionals and other professionals wishing to gain a better understanding of eating disorders and their management.

Target audience: Health/mental health & other interested professionals, new to the field or wishing to refresh their knowledge in the eating disorder area.

The training is designed to assist you to:

- ◇ engage your client & conduct a comprehensive assessment
- ◇ establish a plan to work with eating disorder clients within your service context

Learning Objectives: After the completion of this workshop, participants will have:

- ◇ Increased capacity to identify & assess clients with eating disorders
- ◇ Increased understanding of the biopsychosocial impact of an eating disorder on individuals & their families
- ◇ Increased understanding of eating behaviour & the meaning/role an eating disorder has for the person
- ◇ Increased understanding of eating disorders treatment & the potential for working with eating disorder individuals within your service context; along with the limitations.

Date: Thursday, 25 August 2011

Venue: Crowne Plaza Hotel, Coogee Beach, Sydney

When: Registration: 9.00am. Workshop: 9.30 am – 4.30pm

Registration: For this workshop, ANZAED 2011 Annual Conference & other Clinical Training Day Workshop, go to: www.anzaed.org.au

For more information please contact: anzaed@anzaed.org.au